



DOES HE REALLY LOVE ME?

**(FIND OUT FOR SURE
HOW HE REALLY FEELS)**

A Special Report By Mirabelle Summers

INTRODUCTION

Hi, this is Mirabelle Summers. I'm an Amazon.com #1 bestselling author and internationally renowned relationship expert.

I am also a woman who is passionate about helping women get off the relationship roller-coaster and really win at the game of love.

I want you to feel free in your relationships, and to experience the kind of magical, deeply emotional, connected romantic love that feels good and *grows* over time.

The purpose of this particular report is simple:

I wanted to answer, for once and all, the question of *how to KNOW whether a particular guy loves you*.

And here's why:

Because, as a relationship consultant, the MOST common question I get is always (*always*) some variation of ...

'Does this guy love me?'

I used to try and answer all my emails personally, but since things have really started taking off in my business, there's simply not enough time for me to do that any more.

And I felt (and still feel) really bad about that, because it is incredibly import-

ant to me to be able to give women the help they deserve in finding love that actually *works*, that *feels good*, and that is truly *effortless and easy* (the way love is MEANT to be.)

So I did the next best thing:

I've taken a recent question from a reader that deals with this exact issue, and I've broken my answer to her down into usable insights and key steps that can give anybody who wants to know an actual 'blueprint' for knowing whether a guy loves you or not.

Before revealing the question and my answer to it, I have an extremely important thing to say to any woman who wants to experience more and deeper love in her life.

And it's this:

I used to be CONVINCED that it was only a matter of time before any relationship started to deteriorate, the cracks started to show, and things took a nosedive.

As a relationship consultant, this is embarrassing to admit, but it's true:

Time and again I would take on clients who deeply wanted to experience unconditional, amazing love with a partner – and I'm proud to say that, with my help, they would often discover this type of love for themselves (something that never fails to bring me joy 😊)

However, I started to notice a disturbing pattern:



More often than not, my female clients would report back to me after a few months had gone by, saying that the joyful, passionate love and connection they were experiencing with their new partner was 'fading'.

Little resentments were starting to build.

Little frustrations were starting to grow.

Envelopes of tension would appear in a relationship that *used* to feel effortless and 'right'.

Now, I'm not saying that you should (or even *can*) feel 100% happy and blissful with your partner *all the time*.

HOWEVER.

Isn't love meant to feel easy and right?

Isn't it meant to ENHANCE our lives?

And was it really the case that relationships had to wither and weaken over time?

Was it *really true* that, once you've found love, it's only a matter of time before it starts to fade, and lessen, and that incredible sense of connection and happiness and honesty and PASSION fades away?

I used to believe (and this is the embarrassing part) that this was inevitable.

I'd seen it in my own relationships.

I'd seen it in my clients.

There didn't seem to be anything to do other than hope that, if the love was 'deep' enough, the two people concerned could simply put their heads down and endure the bad times.

There didn't seem to be any other approach other than making compromises, sacrifices, and 'giving up' at least *some* of what you wanted "for the sake of the relationship".

As a consultant on love, this was deeply unsatisfying to me - I want my clients to experience love that feels EFFORTLESS and BLISSFUL.

(I also wanted the kind of relationship for myself that didn't have to deteriorate as time went on.)

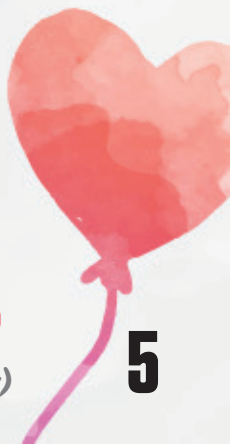
But for a long time, there didn't seem to be a way to achieve such a thing.

So, I honestly came to believe that all love simply had to get 'less' over time, and that stress and disconnect would always make at least SOME kind of an impact on even the deepest, truest love.

However, I've recently learned a method for creating incredible satisfaction in your relationships without succumbing to frustration and tension over time.

I know you want to get to what I promised this report is about – how to know if a guy really loves you – and I'm going to get to that right now.

However, I ALSO know that some of the women reading this report are already IN relationships with men, and many of them are experiencing the



panic and anxiety that comes when you can feel a man pulling away, or the passion in the relationship diminishing.

Therefore, I just wanted to be very clear about the fact that, once you've GOT the love you want (which I'll address how to do, starting on the very next page), there IS something you can do to make sure it keeps getting *better* over time.

(This is something I now use myself, which is why I feel confident in sharing it with you if you're interested.)

You can find the details of this new discovery at the end of this report if you want them.

And now ... let's dive in to the big question itself:

How do you KNOW when a guy truly loves you?

QUESTION FROM A READER

Hi Mirabelle,

I've been seeing this guy for a couple weeks on and off. We have slept together and the sex was incredible. I really like him, we have a great time together, and the sparks are flying all over the place.

But I can't tell what I am to him. I don't know if he's seeing this as a potential long-term thing, or if I'm just a booty call (I hate that phrase but I worry it might apply here.)

He doesn't text me much, and when he does, he hardly says anything. Sometimes I have to text him more than once to get a reply. And a few times he's flaked out on plans we had and not given me any warning.

But when I DO see him, he calls me cute things like 'babe' and 'gorgeous' and is very touchy-feely and affectionate, and he says he likes me a lot. But then when we're not actually hanging out, he sort of disappears and I start worrying and getting insecure and feeling like I have to chase him to get his attention.

He says he likes me a lot. He ACTS like he does. So why do I feel mixed up and confused? Sorry to babble but I don't know what to do. Should I just ask him how he feels?

- Dara



Hi Dara my love,

I have an answer for you, but you might not like it.

The answer is:

No, you should not ask him how he feels.

That's because he's actually telling you how he feels right now.

All the pet-name-using and great-sexing and in-person cuteness aren't enough to obscure what he's actually saying, which is ...

'I KINDA like you ... I just don't like you ENOUGH.'

I'm sorry, my darling. I know that hurts.

And know right now that this does NOT mean you've done *anything* wrong, or or that you're unlovable or broken or not sexy enough or any of that crazy-talk.

All it means is just that this *particular* guy, for whatever reason (a reason that he happened to perceive before you did) isn't *quite* compatible with you.

And the reason I'm so certain of this is because when it comes to men, there are no mixed messages.

(Yes, that's a line from Sex And The City ;)

The truth is, when a guy REALLY likes you, the concept of ever having to question his feelings, analyze his texts, or wonder if he likes you ...

Well, it will seem kinda ridiculous.

Because when a guy likes you *enough*, you won't have to wonder.

You'll just KNOW.

(And so will everyone else.)

Here's Why We Make It So Confusing

Guys are actually pretty simple: when they see something they want, they ACT.

If they're not acting, it means they don't want it enough.

This is true of all guys in all aspects of their life: in sports, in business, in the boardroom, in the bedroom, *when a guy wants something enough, he GOES for it.*

So why the confusion?

Why all the billions of articles and quizzes and books on 'how to tell if a guy likes you'?

Why do we DO this to ourselves??

Well, because we're human beings.

And when we really like a guy, we want him to feel the same way.



And it's human nature to try and 'convince ourselves' that what we *want* him to feel is the way he's *actually* feeling.

It's called 'hope'.

Here's a foolproof, fail-proof way to know if a guy really likes you:

Ignore what he's SAYING, and look at what he's DOING.

So in your case, Dara ...

Here is a nice, cute, sexy guy ...

A guy who thinks that YOU are nice, cute, and sexy, too.

He's more than happy to sleep with you, flirt with you, and act lovey-dovey when you're right there in front of him.

Heck, he even calls you sweet, flirty pet names from time to time.

But he ALSO ...

- ✓ doesn't stay in touch
- ✓ is hard to get ahold of
- ✓ is distant, and
- ✓ flakes out on plans without giving you a reason why or even much of an apology.

You don't have to ask this guy how he feels, my love.

He's telling you loud and clear.

FACT: when a guy likes you, he will make SURE that you know it.

Listen, it took me YEARS to figure this out for myself.

Years of my life that I spent obsessing and analyzing and hoping and oscillating wildly from ecstatic belief to depressed self-doubt.

YEARS of asking my friends, and rereading text messages, and *desperately trying to convince myself* that he felt the same way about me.

Then I realized:

When a guy likes you *enough*, it will be OBVIOUS.

Everything else is just half-assing it.

And you know what?

That realization made me feel FREE.

Your mind will probably try to convince you that ‘this one is different’.

He’s not.

Trust me.

I know it’s easy to think, ‘Well, easy for YOU to say, but *this* guy is different! He has emotional baggage! Or he’s really shy! Or he really hates cellphones! Or he only checks email once a week! Or he has social amnesia and forgets that I exist when I’m not right there in front of him!’



And ... *I get it.*

I totally understand the urge to twist things around in your head and 'convince' yourself that this one's different.

When you really like a guy, it's natural to want him to feel the same way (which is why we try to read things into his words and actions that just aren't there.)

But no matter WHAT the specifics are ...

If you have to ASK whether he likes you, the answer is always going to be:

'Not enough for it to count.'

He might like flirting with you.

He might like sleeping with you.

He might even like YOU.

But if he's not pursuing you and making things happen so he can BE with you, then *he doesn't like you ENOUGH for it to count.*

Here's How To Know If He Likes You 'Enough'

If you feel like you have to constantly self-edit, or always be 'on', or if you feel like you have to *watch yourself in some way* when you're with a guy ...

... then he's not quite right for you.

When you are truly compatible with a guy, you just 'click'.

I know how annoying that is to hear, but when you feel what it's like to have a guy REALLY like you 'enough', that's when you'll see just how ridiculous and unnecessary all the interpreting and analyzing and obsessing over 'mixed messages' really is.

Once I internalized this for myself and really 'got it', I wasn't angry or depressed.

I felt *free*.

Because it meant I could stop agonizing, stop obsessing, stop twisting things over in my mind, and just focus on loving myself, living an awesome life, and trusting that the RIGHT guy would love me, too.

Here's what I mean by that:

How many times in the past have you obsessed anxiously about 'accidentally' driving a guy away?

I mean, have you ever ...

- Sent an email or text, and then got all anxious in case you seemed too 'eager' (or too needy, or not independent, sexy, cute, funny, smart, distant, mysterious, enough?)
- Analyzed a guy's messages for 'proof' that he really does like you (or love you, or want you to be his girlfriend)?



- Asked your friends (or wanted to ask, but been too embarrassed) to help you decode his 'mixed messages'?
- Spent time in your head worrying or fretting about saying something 'dumb' to him in case it drives him away by accident?

These obsessive, overly-analytical behaviors come from a fear-based drive to *try and self-edit yourself into a version of yourself that you think he will like the most.*

But when a guy is right for you, you can drop the fear and just be you – the awesome, perfectly imperfect, flawed, beautiful, amazing HUMAN woman you really are.

And there is NOTHING more powerful than that. Nothing.

So, Dara, here's what I think you should do right now:

- ✓ Accept the fact that this guy knows on some level that you're not truly compatible with each other
- ✓ Understand that guys are telling you how they feel with their actions *all the time*
- ✓ Know that when you are right for each other, all game-playing and interpreting and analyzing becomes totally unnecessary
- ✓ **And remember that when a guy likes you ENOUGH, he won't hesitate to make sure you know it.**

You're doing great. Don't worry.

You are awesome and invincible and beautiful and none of this is anything to worry about.

This is just a guy who, underneath all the wondering and hoping, is not QUITE right for you.

(He just happened to pick up on that faster than you did. But you'd have seen it too.)

So What Should You Do If You Read This Report And Realize That The Answer Is “No, He Doesn’t Love You”?

Sigh ...

Okay, I've gotta be honest here:

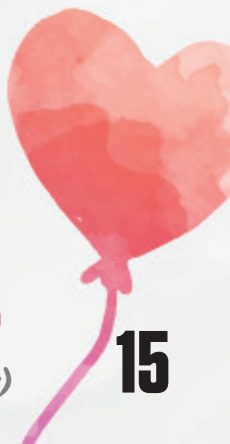
There's a chance that you might read this report and figure out (like Dara) that the guy you have deep feelings for *just doesn't* feel the same way about you.

And that can be truly crushing.

Realizing that a guy you really, really like doesn't feel the same about you can make you feel sad, uncomfortable, or lonely.

So here's the thing:

It's actually okay to feel sad. It's okay to be uncomfortable. And it's actually okay to feel lonely, too.



It's all okay.

If you catch yourself feeling negative, scared, or panicky about your relationship status or lovelife, I suggest that you do not try to argue with your feelings - they need to be felt.

For me personally, whenever I felt sad or lonely, I used to struggle hard against those feelings.

I didn't want to feel them, so I would almost argue with my own heart – trying to deny I felt that way, trying to convince myself it wasn't true, twisting things around in my head until I could (almost) convince myself I had nothing to be scared or sad about.

But here's the thing:

When you argue with negative feelings, they never go away. They just get STRONGER.

So here's what I suggest:

Know that when you allow yourself to 'sit with' your fear, or sadness, or worry, and let it exist inside you without arguing it, it will start to dissolve all on its own.

As someone who is prone to anxiety and fearful thinking, I've found it extremely useful to come up with Self-Care Practices I can use anywhere, any time, to get my mind straight and allow myself to honor my feelings without suffering unnecessarily.

Here's a simple practice I like to use to dissolve fear, self-doubt, stress, and pain whenever it crops up in my day.

You can do it anywhere, you don't need any special tools, and it only takes a moment.

All I do is, I ask myself this simple question:

'Am I okay in this moment right now?'

If my feet are on the ground, my heart is beating in my chest, there is air going in and out of my lungs, and I have the mental capacity to understand and answer the question ...

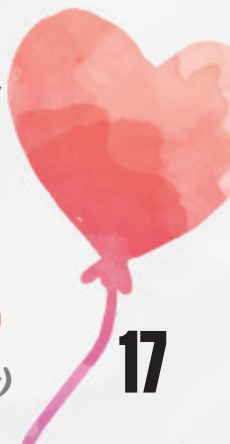
... then the answer is yes, I am okay in this moment right now, and everything else is an illusion.

(Note that I definitely didn't invent this concept myself; I actually got it from a friend of mine, who's a professional psychotherapist. However, I do find it tremendously useful in my everyday life, as will you.)

Simply checking in with your actual state – the fact that you are here, breathing, alive, and actually just fine – goes a long way towards halting the spinning thoughts and negative thought-bog we can all get sucked into from time to time.

Please Always Remember:

Painful emotions aren't caused by what's happening to you. They are caused by the pain-producing THOUGHTS that are flooding your head (often without you consciously noticing them.)



The truth is that underneath all the fear, insecurity, worries and self-doubt, you are magnificent, you are invincible, and you are surrounded by more love than you could ever imagine, right now.

Asking yourself this simple question – ‘Am I okay, right now?’ - is your first step towards removing the mental filters that are keeping you blind to the love you want, and your biggest key to opening up your awareness to your own irresistibility, beauty, power and HAPPINESS starting this second.

VERY IMPORTANT NOTE:

YOU Are In Charge Of Your Own Life.

Many women also unconsciously make men responsible for their happiness.

For instance, many women become irritated, resentful, harsh and bitter when they feel like the man they're dating or in love with doesn't show his love in the exact way they want him to.

This can take a variety of forms depending on the stage of the relationship.

In the early attraction stages, it might look like checking out other women in front of you, or being late to pick you up, or not responding to text messages quickly enough for your liking ... the list goes on and on.

Relationships can be wonderful and being with the right man can be a source of tremendous joy and bliss; yet no man is ever responsible for your happiness, and he doesn't actually owe it to you to try and 'make' you happy either.

You are in charge of your own life.

You are the person who either chooses to create your own happiness and fulfillment – or not.

It is a choice you make, and if you want to be a truly irresistible woman, it's a choice you make over and over every single day.

If you're interested, I've got a way you can make that choice and truly experience a 'daily honeymoon' in your relationships with men, so that you can enjoy love that deepens and grows over time instead of declining and diminishing.

If you want to know more, read on.

How To Experience Love That GROWS Over Time (It Really Can Happen)

As a relationship consultant, my biggest goal is to help you experience the amazing, connected, blissful love you want, on a daily basis, for the rest of your life – *without* the depth of your love and happiness being dependent on other people.

That might sound confusing, so let me explain.

Many of my female clients have unwittingly given away a lot of their power in their relationships, because they feel like they need their partner to change before they can be truly happy.

"If only he would ... (be tidier, spend more time with me, be more attentive, more romantic, spend more time with the kids, earn more money, do the



dishes) ... THEN I could be happier in the relationship.”

That kind of thing.

Now, the problem with this kind of thinking is that it takes all your power away and leaves you dependent on another human being (your partner) to change, before you can truly feel happy and content in your partnership.

And this can be incredibly frustrating.

On top of that, it can (and frequently does) cause MASSIVE tension, arguments, disconnect, and discord in the relationship.

(Most men don't exactly enjoy being asked to change; and most women don't enjoy constantly feeling that their needs are going unmet in the relationship.)

In my experience, this is the number-one biggest reason why so many romantic relationships seem to ‘inevitably’ get worse and break down over time.

Like I mentioned at the start of this report, I've recently learned that there is a way to keep your love actually growing over time – a way that allows you to experience that ‘honeymoon love’ feeling *even after years and YEARS together*.

This is in direct contradiction to “common knowledge” about relationships ;)

In fact, most of us have been told that love inevitably lessens and grows weaker over time, that we have to ‘compromise’ for the sake of the relationship, or that the unbelievable joy and bliss we feel at the start of a relation-

ship has to fade away over time.

I now know that this is NOT TRUE.

The honeymoon doesn't have to fade. Love really can grow and deepen with time – *if* you know the tools and insights to use.

If you'd like to know more about how to experience love that really does DEEPEN over time (without having to give up parts of who you are or make annoying sacrifices “for the sake of the relationship”), then I urge you to educate yourself further.

Don't accept what you're not truly happy with.

Remember, this is YOUR life.

Personal note: I can report that since I started using this method myself, my marriage (which by anyone's standards was pretty damn good to begin with) has transformed into something that honestly feels completely magical.

For example, our marriage used to be built largely around compromise and sacrifice. We were happy, and truly cared about each other – however, we both often felt that we had to make small (but significant) sacrifices for the sake of the relationship, or to keep the other person happy.

This wasn't going to *break us up*, but it was a source of continual, nagging discomfort and tension.

Both of us wished we could figure out a way to experience a massively satisfying relationship without having to depend on the other person to change for us.



And it turns out that now, we can :)

If you'd like to know more about living the life and experiencing the type of relationship you've always dreamed of (one full of absolute riches of happiness, connection, intimacy, and connection), I've put together a video where you can find out how to do it.

You won't want to miss it. I have so much more to share with you, and it really can change your life. I urge you to join me right here!

<http://wraphimaroundyourfinger.com/>

I'll see you there!

With so much love,

Mirabelle Summers